



The sole purpose of IFEDD is to **improve the quality of care** of individuals with eating disorders by **improving their access** to eating disorder dietitians. We accomplish this through our Four Core Missions.

ALERT! ARE YOU GOING TO AND FNCE? WE WOULD LIKE TO MEET UP WITH YOU and HAVE DINNER TOGETHER! EMAIL INFO@EDDIETITIANS.COM ASAP!!

Mission 1: Advocacy – Equal Rights and Insurance Coverage for Our Services

Have you reached your limit of conferences that don't give you anything new? Need some new tools for working with patients? IFEDD Member Barbara Birsinger was right there with you and decided to get a PhD researching and developing a groundbreaking new method for eating disorder dietitians. It's based on her years of experience as an EDD plus neuro-linguistic programming (NLP). She calls it Decoding Disordered Eating and Weight-Related Behaviors and debuted the first training workshop online earlier this year. IFEDD Member Minh-Hai Tran completed the course and says it's "an incredible tool for helping clients... I highly recommend it!" The course is all online so you can participate without leaving home and at your own pace, as all sessions are recorded. [CLICK HERE](#) for more information or visit <https://wbc92910.infusionsoft.com/app/form/js-fall-winter-decoding-webinar>.

Mission 2: Education & Awareness – Demonstrating the Value of Our Work

Why it's good to be a dietitian!

<http://blog.brazencareerist.com/2012/09/18/looking-for-something-different-7-top-jobs-for-career-changers/>

IFEDD's "Dietitians Change Lives Campaign" Update

So far we have 22 testimonials on the site! This month we heard about how IFEDD member Robin Millet has changed her patient's life. How about you? We know you are changing lives out there! Your patients can contribute to the campaign with

almost no effort at <http://www.eddietitians.com/a-dietitian-changed-my-life/>. Let's get this up to 100 testimonials!

Mission 3: Research – Advancing the Evidence Base for Our Work

Craig Johnson on Evaluating Research on Eating Disorder Treatment

<http://www.eatingrecoverycenter.com/about-us/becoming-a-discriminating-consumer-of-treatment-outcomes/other-considerations-when-evaluating-outcome-data/>

Mission 4: Resources – To Support IFEDD Members and Our Patients

Eating Disorders in the Media – New this month:

[Eating Disorders in China](#)

[Emotional Eating](#)

[Lady Gaga reports history of eating disorder](#)

[What Not to Wear's Stacy London reports history of eating disorder](#)

[LeAnn Rimes in treatment, denying eating disorder](#)

[Fashion designer says size zero samples cause eating disorders](#)

[Runway models are dieting, smoking nonstop or doing drugs](#)

[Parallels Between Food and Drug Addictions](#)

[Men with anorexia – one suing for equal treatment](#)

[Junior Tennis Star Taylor Townsend told 'Too Fat'](#)

And more at <http://eddietitians.com/members-only/eating-disorders-in-the-media/>

Upcoming Eating Disorder Education:

In-person events:

[October 1-4 – Las Vegas - What's Eating You?: The Psychiatrist-Dietitian Alliance
Steven J Karp, DO, FACN and Debbie Richardson, RD](#)

[October 5 – Philadelphia - Molly Kellogg's Counseling Intensive](#)

[October 26 – Kalamazoo, MI -The False Self: The Complexity of Body Image and Identity Issues in the Treatment of Eating Disorders - Adrienne Ressler](#)

[October 26-27 – Seattle - Molly Kellogg's Counseling Intensive](#)

Continuing Education from Home:

[October 5 - IAEDP Communications Committee presents CASE-BY-CASE Live](#)

[Decoding Disordered Eating and Weight-Related Behaviors](#)

New Book on Feeding Disorders:

[Love Me, Feed Me: The Adoptive Parent's Guide to Ending the Worry About Weight, Picky Eating, Power Struggles and More](#), by Katja Rowell

Would anyone out there like to review a book for the IFEDD newsletter? Something you have read that you think would be great for others to know about? Or have you written a book for EDDs? Give us the scoop! We also love to know when you are quoted in the media or are giving a presentation! Email info@eddietitians.com with the scoop!

Food For Thought:

Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that's creativity.

-Charles Mingus

Welcome to IFEDD new member Sara Upson of Tyler, Texas!

We are so proud of all the amazing work that EDDs are doing around the globe!
Email us about what's happening in your corner and how we can support you!

We are currently 110 members strong. If you haven't joined us yet, what are you waiting for? Join today at [www.EDDietitians.com!](http://www.EDDietitians.com)