

International Federation of Eating Disorder Dietitians

September 2012



The sole purpose of IFEDD is to **improve the quality of care** of individuals with eating disorders by **improving their access** to eating disorder dietitians. We accomplish this through our Four Core Missions:

Mission 1: Advocacy – Equal Rights and Insurance Coverage for Our Services

IFEDD's First Ever Recruitment Event!

Thanks to a generous sponsorship by [The Victorian](#) and Jennifer Ham's organizational skills, 15 Dallas-area EDDs met for a networking and collaborating luncheon at Sfuzzi in Irving, Texas. Jessica Setnick spoke about IFEDD's four initiatives, and Michelle Smith, Director of The Victorian, shared information about their eating disorder treatment program. It was a great success for all involved, with 5 new members recruited to IFEDD! Thank you for all who attended and helped make this luncheon possible. If you would like to serve as an IFEDD ambassador in your community, we would be thrilled to help you organize a similar event!

Mission 2: Education & Awareness – Demonstrating the Value of Our Work

IFEDD's "Dietitians Change Lives Campaign" Update

So far we have 20 testimonials on the site! This month we heard about how IFEDD members Rebecca Scritchfield, Yvette Quantz, and Jessica Setnick have changed their patients' lives. How about you? We know you are changing lives out there! Your patients can contribute to the campaign with almost no effort at <http://www.eddietitians.com/a-dietitian-changed-my-life/>. Once we have 100 testimonials we will begin our media campaign.

Two IFEDD Members Quoted in Article on Men with Eating Disorders

http://www.todaysdietitian.com/enewsletter/enews_0612_01.shtml

Please let us know if you are quoted or published! We would like to spread the word!

Congratulations!

...to Friend of IFEDD Jacquelyn Ekern. The website she founded, EatingDisorderHope.com, was named one of the best Eating Disorder sites worldwide by *Psychology Today* magazine!

...to IFEDD co-founder Jessica Setnick, named to *Today's Dietitian* magazine's Top 10 Dietitians Making a Difference. [See the article here](#) – this may be the first mention of IFEDD in print!

We are always proud of our members and your work, and we LOVE to hear that others notice, too! Please let us know of your accomplishments so that we can print them here and on the IFEDD website!



Welcome to a new feature on the IFEDD website – [The Featured Eating Disorder Dietitian!](#) IFEDD Ambassador Kathryn Fink answers questions posed by IFEDD intern extraordinaire Courtney Miller, such as “What are the biggest issues facing the profession?” and “What keeps you motivated?”. Read Kathryn’s answers at <http://eddietitians.com/members-only/expert-advice/>. At left – Kathryn and baby Isabella.

Mission 3: Research – Advancing the Evidence Base for Our Work

Academy of Eating Disorders Call for Proposals for 2013 Conference

At the impromptu IFEDD meeting to respond to the anti-EDD sentiment at last year’s AED conference, we agreed that more EDDs need to submit proposals to speak next time. Well next time is here! The 2013 theme is “Crossing Disciplinary Boundaries,” which could be understood as a positive or negative – ‘crossing’ as in collaborating or ‘crossing’ as in eradicating – let’s make sure lots of IFEDD members submit proposals to counteract anyone trying to “cross out” our role! Here’s the link for more information: http://www.aedweb.org/ICED_Homepage.htm and here’s the direct link for submitting a proposal: <http://precis.preciscentral.com/User/UserLogin.asp?Action=New&EventID=c6e19e83&bhcp=1>. Submission deadline is October 1st, and the conference itself is May 2-4, 2013, in Montreal, Canada. Even if we’re not all selected, let’s show the conference committee that EDDs are here to stay!

Mission 4: Resources – To Support IFEDD Members and Our Patients

Eating Disorders in the Media:

Binge Eating Disorder in Men (2 articles)

Dr. Drew Makes Light of his Exercise Obsession

It's OK To Admire Olympic Athletes; Just Don't Aspire To Look Like Them

Pictures of eating disorders banned on Pinterest

History of Dieting

And more at <http://eddietitians.com/members-only/eating-disorders-in-the-media/>

Upcoming Educational Events:

Continuing Education from Home- No Cost

- [September 12 at 1pm webinar on Process Addictions in the Eating Disordered Population Sponsored by Timberline Knolls](#)

New Anytime Webinar:

- [Eating Disorders Assessment for Men: Exploring Gender Differences and Introducing the First Male Specific Diagnostic Instrument](#)

In-person Workshops:

- [IFEDD Member Molly Kellogg's Counseling Intensive Philadelphia, PA October 5 and Seattle, WA October 26-27](#)

And more at <http://eddietitians.com/members-only/edd-continuing-education/>

Food For Thought

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."

-St. Francis of Assisi

We are so proud of all the amazing work that EDDs are doing around the globe! Email us about what's happening in your corner and how we can support you! We are currently 109 members strong. If you haven't joined us yet, what are you waiting for? Join today at www.EDDietitians.com!