

A

Name: Nan Allison and Dietitians at Allison Nutrition Consultants, Inc.

Phone: 615-861-9146

Email: nan.allison1@gmail.com

Website: www.NanAllison.com

Time Zone: Central

Specific States Served: Tennessee

Specific Countries Served: U.S.

Areas of Practice Specialty: Eating Disorders, GI issues, Food sensitivities, allergies/intolerances, Autoimmune diseases, thyroid disease, PCOS

Name: Jennifer Anderson RDN

Phone: 720-400-9006

Email: jross@jrdietetics.com

Website: www.jrdietetics.com

Time Zone: Mountain

Specific States Served: Any/all (Telehealth available)

Specific Countries Served: any/all

Areas of Practice Specialty: Eating Disorders of all types, weight management, intuitive eating, allergies and food intolerances, inflammation, gut health, genetic testing for weight management and more

Name: Lauren Anton, MS, RD, CEDRD-S, CPT

Phone: (323) 369-5940

Email: Lauren@LaurenAntonRD.com

Website: www.LaurenAntonRD.com

Time Zone: Pacific

Specific States Served: Any (I'm based in Los Angeles)

Specific Countries Served: Any (I'm based in USA)

Areas of Practice Specialty: Eating disorders, athletes/athletes and ED, adults/teens, child/ family feeding

B

Name: Alice Baland, LPC, RDN

Phone: 214-335-5556

Website: www.FatUpTheGoodLife.com

Email: alice@alicebaland.com

States Served: Texas – in person, phone

Specific Countries Served: U.S.

Time Zone: Central

Specialty: Eating disorders, binge eating, weight; PTSD; sexual trauma (both as a therapist and dietitian)

Name: Jennifer Barnoud, MS, RD, LD, CEDRD

Phone: 512.710.8446

Email: hello@nutritionwithjn.com

Website: www.nutritionwithjn.com

Time Zone: CST

Specific States Served: Texas, Nevada, California, Colorado

Specific Countries Served: United States

Areas of Practice Specialty: Eating disorders/disordered eating; HAES; Intuitive and mindful eating; non diet approach; male, female, intersex, and trans college age and adults

Name: Emily Braaten, MS, RD, LD

Phone: 240-242-9440

Email: emily@rdemily.com

Website: www.RDEmily.com

Time Zone: EST

Specific States Served: District of Columbia, Maryland, Virginia

Specific Countries Served: USA

Areas of Practice Specialty: eating disorders, gastrointestinal disorders

Name: Erica Branz MS, RD, LD, CEDRD

Phone: 618-207-4366

Email: branznutrition@gmail.com

Website: www.branznutritioncounseling.com

Time Zone: CST

Specific States Served: IL and MO

Specific Countries Served: USA

Areas of Practice Specialty: Eating Disorders (BED/Anorexia/Bulimia/Those not specified)

Name: Sumner Brooks, MPH, RDN

Phone: Email preferred

Email: sumnerbrooksrd@gmail.com

Website: EDRDpro.com

Time Zone: PST

Specific States Served: Licensed in Oregon, open to working from any location

Specific Countries Served: English speaking only please

Areas of Practice Specialty: Binge Eating Disorder, Anorexia and Bulimia recovery maintenance, Intuitive Eating Counseling

Name: Jessika Brown with DietitiansABQ

Phone: 505-273-2754 (telehealth appts)

Email: jessb@dietitiansabq.com

Website: www.nearlynutritious.com and www.dietitiansabq.com

Time Zone: MST

Specific States Served: Any state!

Specific Countries Served: US

Areas of Practice Specialty: Eating Disorders, Sports, Gluten/Dairy Free, Gut Health

Name: Lori Bryant, RDN, LD, NSCA-CPT

Phone: 214-641-9461

Email: lbbryant@gmail.com

Website: endocrinetexas.com

Time Zone: CST

Specific States Served: all

Specific Countries Served:

Areas of Practice Specialty: Eating Disorders, Disordered Eating, PCOS, Endocrine Imbalance, Adrenal Fatigue and Stress Management, Exercise and Nutrition Balance, Food Allergies and Intolerances

Name: Amanda Bullat MS RDN CD
Phone: 541-647-9185
Email: amanda@alpinenutrition.org
Website: www.alpinenutrition.org
Time Zone: pacific standard
Specific States Served: Washington, Oregon, CA, Idaho
Specific Countries Served: US
Areas of Practice Specialty: adult women ages 25-55, ED recovery and prevention, chronic dieting recovery, orthorexia, AN, BED, EDNOS

C

Name: Marissa Campanella
Phone: 570-732-3200
Email: marissa@thrivenutrition.org
Website: www.thrivenutrition.org
Time Zone: EST
Specific States served: All US states, - only private pay
Specific Countries: USA
Areas of practice speciality: chronic dieting, healing food relationship, intuitive eating

Name: Isabelle Carren-Le Sauter
Phone: 917-848-5862
Email: isabelle.cls@gmail.com
Website: www.anastasia-health.com
Time Zone: EST
Specific States Served: New York
Specific Countries Served: United States
Areas of Practice Specialty:

Name: Sue Clarahan RD, LD, CEDRD
Phone: 319-383-3029
Email: sue@mypracticalnutrition.com
Website: www.mypracticalnutrition.com
Time Zone: Central
Specific States Served: Iowa
Specific Countries Served: USA
Areas of Practice Specialty: Eating disorders and disordered eating

D

Name: Lauren Dear
Phone: 617-651-2332
Email: hello@dearnutrition.com
Website: DearNutrition.com
Time Zone: EST
Specific States Served: Massachusetts
Specific Countries Served: USA
Areas of Practice Specialty: Eating disorders, digestive health, hypnotherapy

E

Name: Nikki Estep, MPH, RDN, LD, CDE
Phone: 318-218-4918
Email: nikki@mindfuleatsnutrition.com
Website: www.mindfuleatsnutrition.com
Time Zone: Central Standard Time
Specific States Served: all
Specific Countries Served: all
Areas of Practice Specialty: Eating Disorders, Diabulimia, Intuitive Eating, HAES, PCOS

F

Name: Kerry Fannon
Phone: 954-641-2210
Email: Kerry@NamasteNourishedLLC.com
Website: NamasteNourishedLLC.com
Time Zone: EST
Specific States Served: FL, NY (soon Maine)
Specific Countries Served: United States
Areas of Practice Specialty: Eating Disorders

Name: Heather Finley
Phone: 626-898-3936
Email: txdietitianheather@gmail.com
Website: www.dietitianheather.com
Time Zone: CST
Specific States Served: In person (Texas); Virtual (all)
Specific Countries Served: all
Areas of Practice Specialty: eating disorder, digestive issues

Name: Katherine Fowler
Phone: 615-933-7662
Email: katherine@fowlernutrition.com
Website: www.fowlernutrition.com
Time Zone: CST-Central
Specific States Served: TN (I am only licensed in TN so am only able to provide virtual services to those that have an address in TN)
Specific Countries Served: USA
Areas of Practice Specialty: Eating disorders, weight and body image concerns, family feeding dynamics

G

Name: Samantha Giertych
Phone: 323-989-3305
Email: admin@bamboonutrition.com
Website: www.bamboonutrition.com
Time Zone: Pacific
Specific States Served: California, Arizona, Colorado, New Jersey
Specific Countries Served: United States
Areas of Practice Specialty: Eating Disorders (Accepts Insurance: Private and Public)

Name: Kirsten Graves, MS RD
Phone: (925) 289-9935
Website: www.KirstenGravesRD.com
Email: KGravesRD@gmail.com
Time Zone: Pacific Standard Time
Specific States Served: All
Specific Countries Served: All
Areas of Practice Specialty: Eating disorders, Sports Nutrition/athletes, Intuitive Eating

H

Name: Amy Helms, LMSW, MS, RD, LD, CLT
Website: <https://www.nutritionandtherapy.com>
Phone: 803-569-9164
Specific States Served: licensed in SC, GA, and NC although provide recovery coaching, nutrition coaching and meal support anywhere
Areas of Practice Specialty: A therapist and Certified Intuitive Eating Counselor who provides services through a HIPAA compliant virtual platform or phone if needed

Name: Staci Hendrickson MS, RDN, LD
website: stacihendricksonrd.com
Email: healthybalancenow@yahoo.com
Phone: (785) 760-4501
Licensed in KS, MO, and FL. Also able to provide services in Michigan and Arizona. Able to provide services internationally on a case-by-case basis (depending upon each countries regulations regarding Dietitians).
Time Zone: Central
Platform used: getthealthie.com
Areas of expertise: Certified Intuitive Eating provider, Bulimia, Compulsive Overeating, Food allergies and intolerances, ARFID, sensory food issues

Name: Marcia Herrin, EdD, MPH, RDN, LD, FAED
Phone: 603-643-7677
Email: marcia.herrin@dartmouth.edu
Website: marciaherrin.com
Time Zone: Eastern
Specific States Served: In New Hampshire, Vermont, California, Colorado, Michigan, New Jersey, Virginia, insurance is likely to cover a telehealth visit.
Specific Countries Served: Any English speaking countries
Areas of Practice Specialty: Child, adolescent, and adult eating disorders, family-based treatment, normalized eating, body acceptance.

Name: Sarah Higgins
Phone: 403-796-8345
Email: fednutritionconsulting@gmail.com
Website: www.fednutrition.ca
Time Zone: MDT
Specific States Served: Alberta (province)
Specific Countries Served: Canada
Areas of Practice Specialty: Eating Disorder and Mental Health Nutrition

I

Name: Deborah Iovoli, MS, RD, CSSD, CDE
Phone: 919-703-7354
Email: djiovoli@gmail.com
Website: www.endurance-nutrition.com
Time Zone: EST
Specific States Served: VA
Specific Countries Served: US
Areas of Practice Specialty: ED, Sports Nutrition, Weight Management, Diabetes

J

Name: Brina Jergenson, RD at Beyoutiful Nutrition, LLC
Phone: 602-538-6852
Email: brinajrd@gmail.com
Website: www.beyoutifulnutrition.com
Time Zone: Arizona
Specific States Served: All
Specific Countries Served: Any
Areas of Practice Specialty: All eating disorders, disordered eating

K

Name: Meghan Kacmarcik
Phone: 860-670-7654
Email: hello@newmoonrd.com
Website: newmoonrd.com
Time Zone: EST
Specific States Served: Licensed in MA, MD, NH; open to all US states depending on licensure requirements and client needs (contact for more info)
Specific Countries Served: United States
Areas of Practice Specialty: Adults/Adolescents, Eating Disorders, Intuitive Eating, Health at Every Size

Name: Crystal Karges
Phone: (760) 755-7555
Email: crystal@crystalkarges.com
Website: www.crystalkarges.com
Time Zone: Located in PT, but serves all time zones through my virtual online practice
Specific States Served: Located in California, but serves all states through my virtual online practice
Specific Countries Served: Located in the United States, but serves all countries through my virtual online practice
Areas of Practice Specialty: Maternal/Child Health, including prenatal/postpartum nutrition, breastfeeding, and child feeding.

Name: Pamela Kelle RDN CEDRD
Phone: 423-991-3422
Email: pamkellenutrition@gmail.com
Website: www.yourownfoodcoach.com
Time Zone: eastern
Specific States Served: TN for licensure; all states as a food coach or states that do not have licensure

Specific Countries Served: Global IF they speak english
Areas of Practice Specialty: Disordered Eating, Eating Disorders, Mindful Eating, Intuitive Eating, Health at Every Size (HAES), Body Image Acceptance and support

Name: Kindred Nutrition (Amy Goldsmith, Rebecca Ridenour, Alison Sacks)
Phone: 301-580-0008
Email: agoldsmith@kindrednutrition.com
Website: www.kindrednutrition.com
Time Zone: Eastern
Specific States Served: MD, DC, VA, Michigan, Arizona
Specific Countries Served: USA
Areas of Practice Specialty: Eating Disorders: Anorexia, Binge Eating Disorder, Bulimia, Orthorexia, Avoidant Restrictive Disorder

Name: Michelle Kuster, RD, LD
Phone: 319-208-9038
Email: michelle@michellekuster.com
Website: www.michellekuster.com
Time Zone: Central
Specific States Served: Iowa, Illinois, West Virginia, Colorado, Virginia, New Jersey, Arizona, California, Michigan
Specific Countries Served: USA
Areas of Practice Specialty: Eating Disorders, Intuitive Eating, Health at Every Size philosophy

L

Name: Tina Laboy, RD, CEDRD-S
Phone: 363-637-4344
Email: TLBNutritionTherapy@gmail.com
Website: www.TLBNutritionTherapy.com
Time Zone: Central
Specific States Served: Texas, Nevada, California
Specific Countries Served: USA
Areas of Practice Specialty: Eating Disorders, Emotional Eatings, HAES, Intuitive Eating, GI Issues

Name: Victoria Lambert, MS, RD, CSSD
Phone: 630.740.0394
Email: VictoriaRDL@gmail.com
Website: victorialambert.us
Time Zone: EST
Specific States Served: NJ NY PA IL CO WA HI
Specific Countries Served: US and soon Czech Republic
Areas of Practice Specialty: BED, Mindful eating, sports nutrition and treatment of female athlete triad for athletes and performing artists, early intervention, transition from FBT to autonomous eating.

Name: Andrea Lieberstein, MPH, RDN
Phone: (415)497-3674
Email: andrea@mindfuleatingtraining.com
Website: www.mindfuleatingtraining.com
Time Zone: PST
Specific States Served: ALL Virtual Online Video Sessions or Phone

Specific Countries Served: ALL Virtual Online Video Sessions or Phone
Areas of Practice Specialty: Overeating, Binge Eating, Bulimia, Mindful Eating, Disordered Eating

Name: Anna M. Lutz, MPH, RD, LDN, CEDRD-S

Phone: 919-781-4500

Email: anna@lutzandalexander.com

Website: www.lutzandalexander.com

Time Zone: EST

Specific States Served: I am licensed in NC. States without licensure: will research the laws specific to your state

Specific Countries Served: USA and globally.

Areas of Practice Specialty: Eating Disorders (including Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, ARFID, and OSFED), Parent Support for Family Feeding

M

Name: Kate Machado, MS, RDN

Phone: 619.559.0488

Email: kate.s.machado@gmail.com

Website:

Time Zone: PST

Specific States Served: CA

Specific Countries Served: USA

Areas of Practice Specialty: Eating Disorders, Intuitive Eating, Sports Nutrition

Name: Jamie Magdic

Phone: 708-717-7394

Email: jamiemagdic@yourhappyhealthy.com

Website: <https://www.yourhappyhealthy.com>

Time Zone: MST

Specific States Served: All States

Specific Countries Served: USA

Areas of Practice Specialty: Disordered Eating, Eating Disorder Coaching

Name: Paula Martin, MS, RDN

Phone: 412-953-1913

Email: paula@paulamartinnutrition.com

Website: <https://paulamartinnutrition.com/> and HealthServedWell.com

Time Zone: Eastern United States

Specific States Served: Michigan and All

Specific Countries Served: USA

Areas of Practice: MNT for Eating Disorders; Recovery and maintenance support for AN, BN, BED, and other non-specified eating disorders, community health programs & Culinary Nutrition/Cooking programs

Name: Kathleen Meehan

Phone: 802-324-7756

Email: kathleenmeehanrd@gmail.com

Website: www.kathleenmeehanrd.com

Time Zone: CST

Specific States Served: TX, NE, OH, other states with flexible licensure and working on licensure in TN/GA currently, open to coaching in some states, please inquire for more information

Specific Countries Served: USA

Areas of Practice Specialty: intuitive eating, HAES, disordered eating

Name: Rebecca McConville MS RD LD CSSD CEDRD

Phone: (816) 804-6599

Email: becca@beccamconville.com

Website: www.beccamconville.com

Time Zone: CST

Specific States Served: Missouri & Kansas

Specific Countries Served: United States

Areas of Practice Specialty: specialty with athletes & eating disorders, however, have been clinically supervised and treat all other eating disorders as well.

N

Name: Erin Naimi, RDN, CEDRD

Phone: 310-229-5290

Email: erinnaimi@gmail.com

Website: www.erinnaimi.com

Time Zone: PST (CA)

Specific States Served: CA

Specific Countries Served: USA

Areas of Practice Specialty: ED, GI, exercise addiction, vegetarianism, body dysmorphia

Name: Kari Natwick, RDN, LD, IFNCP

Phone: 907-500-2757

Email: kari@natwicknutrition.com

Website: www.natwicknutrition.com

Time Zone: PST

Specific States Served: Alaska and Oregon

Specific Countries Served: USA

Areas of Practice Specialty: Integrative and functional nutrition; gastrointestinal disorders; eating disorders; fatigue; endocrine disorders; diabetes; heart disease

Name: Anastasia Nevin

Phone: 914 341 2992

Email: healwithanastasia@gmail.com

Website: anastasia-health.com

Time Zone: EST

Specific States Served: any

Specific Countries Served: any

Areas of Practice Specialty: ED, spirituality, yoga

Name: Jessica-Lauren R. Newby

Phone: 334-245-1855

Email: withmilkandhoneyRDN@gmail.com

Website: withmilkandhoney.com

Time Zone: Central

Specific States Served: licensed for Nutrition Therapy in AL, MS ; Nutrition Coaching provided in all states

Specific Countries Served: Nutrition Coaching available worldwide

Areas of Practice Specialty: weight-neutral care for individuals regardless of diagnoses, sub-clinical eating disorders, adolescents, females 18 and up

Name: Robyn Nohling

Phone: 317-797-4696

Email: robyn@reallife-rd.com

Website: www.reallifewomenshealth.com

Time Zone: EST

Specific States Served: all (although licensed in VA and MA for insurance reimbursement)

Specific Countries Served: all

Areas of Practice Specialty: eating disorders, disordered eating, women's health (particularly reproductive health and endocrinology)

O

Name: Ashley O'Roark, MS, RD, LD, CEDRD

Phone: 501-777-3200

Email: AshleyORoark@gmail.com

Website: <http://riverstonewellnesscenter.com/>

Time Zone: Central

Specific States Served: Arkansas

Specific Countries Served: US

Areas of Practice Specialty: Eating Disorders, Sports Nutrition, Weight Management, Intuitive Eating, providing services to adolescents and adults.

P

Name: Carol Park, LCP, RD, LD, CEDRD

Phone: 469-324-9744

E-mail: carolparklpc@gmail.com

Website: www.recoveryreconnection.com

Time Zone: Central Standard

States Served: Texas

Areas of Practice Specialty: Eating Disorders (all)

Name: Sandy Pinney / Pinney Davenport Nutrition

Phone: 207-997-6372

Email: sandra@pinneydavenport.com

Website: <https://www.pinneydavenport.com/>

Time Zone: EST

Specific States Served: Virginia, District of Columbia, Maryland

Specific Countries Served: USA

Areas of Practice Specialty: Anorexia Nervosa, Bulimia Nervosa, ARFID, Binge Eating Disorder

Name: Beverly Price, CEDRD, C-IAYT

Phone: 248-390-4150

Email: beverly@beverlyprice.com

Website: beverlyprice.com

Time Zone: EST

Areas of Practice Specialty: Eating disorders, autoimmune disorders (lupus, scleroderma, fibromyalgia)

R

Name: Hilary Raciti
Phone: 201-582-3492
Email: trucenutrition@gmail.com
Website: www.trucenutritionllc.com
Time Zone: EST
Specific States Served: NJ/NY
Specific Countries Served: USA/open to virtual internationally
Areas of Practice Specialty: HAES, mindfulness, eating disorders (BED, anorexia/bulimia, EDNOS), diabetes management, non-restrictive diet management of chronic conditions

Name: Mary Radovich MS RD CD
Phone: (414)367-6272
Email: mary.radovichRD@gmail.com
Website: www.nutritionMKE.com
Time Zone: Central
Specific States Served: any
Specific Countries Served: US
Areas of Practice Specialty: Binge eating, HAES

Name: Alexandra Raymond, LDN, LDN
Phone: 240-670-4675
Email: alex@empoweredeatingblog.com
Website: www.empoweredeatingblog.com
Time Zone: EST
Specific States Served: all
Specific Countries Served: all
Areas of Practice Specialty: athletes, kids, adolescents, young adults, families

Name: Rebecca / EMPOWERED EATING
Phone: 240-670-4675
Email: rebecca@empoweredeatingblog.com
Website: www.empoweredeatingblog.com
Time Zone: EST
Specific States Served: ALL
Specific Countries Served: Israel, Europe, England
Areas of Practice Specialty: Anorexia, Bulimia, BED, AFRID

Name: Debbie Richardson, MA, RD, CEDRD
Phone: 480 570 1212
Email: optimalnutrition4u@cox.net
Website: www.OptimalNutrition4u.com
Time Zone: Mtn Standard
Specific States Served: All states
Specific Countries Served: All countries – must speak English
Areas of Practice Specialty: Eating disorders for ages 10-adult

Name: Martha Rosenau
Phone: 719-548-9859

Email: martha@martharosenau.com

Website: www.martharosenau.com

Time Zone: MST

Specific States Served: Any

Specific Countries Served: All

Areas of Practice Specialty: Eating Disorders (Anorexia, Bulimia, Binge Eating Disorder, ARFID, OSFED), Weight Management, Early Recovery from Substance Abuse, Gastrointestinal Disease

S

Name: Monika Saigal, MS, RD, CEDRD-S, CDN

Phone: (917) 566-4699

Email: monika@msnutrition.com

Website: <https://msnutrition.com/>

Time Zone: EST

Specific States Served: Several including NY, NJ, CA, MA, CT, PA (contact for more info)

Specific Countries Served: USA

Areas of Practice Specialty: eating disorders/disordered eating, nutrition for dancers and performing artists

Name: Crystal Savoy, MS, RD, LDN

Phone: 617-435-0591

Email: crystal@reallife-rd.com

Website: <https://www.reallifewomenshealth.com/>

Time Zone: Eastern

Specific States Served: all (licensed in MA)

Specific Countries Served: USA

Areas of Practice Specialty: Disordered eating, eating disorders, chronic dieting, intuitive eating, PCOS, digestive health, and women's health from a HAES lens

Name: Heidi Schauster, MS, RDN, CEDRD-S

Phone: 617-877-2202

Email: heidi@anourishingword.com

Website: <https://anourishingword.com>

Time Zone: EST

Specific States Served: any

Specific Countries Served: any

Areas of Practice Specialty: disordered eating of all types; assistance with building a healthy relationship with food, body, self

Name: Karen Scheuner, MA, RDN

Phone: 510.409.9615

Email: karenlouiserd@gmail.com

Website: www.mindful-nutrition.com

Time Zone: PST

Specific States Served: All

Specific Countries Served: All English speaking countries

Areas of Practice Specialty: disordered eating/eating disorders/intuitive eating

Name: Erin Schulberg, RDN, LDN

Phone: 503-975-5589

Email: erinschulberg@wholeheartpsychotherapy.net

Website: <http://www.wholeheartpsychotherapy.net/>

Time Zone: EST

Specific States Served: Georgia

Specific Countries Served: United States

Areas of Practice Specialty: Eating disorders, disordered eating, general nutrition counseling from a non-diet perspective.

Name: Jill Sechi, MS, RDN, CEDRD-S, LD

Phone: 713-997-9613

Email: jsechi@wcandnt.com

Website: www.wcandnt.com

Time Zone: CST

Specific States Served: Texas, Virginia

Specific Countries Served: all

Areas of Practice Specialty: eating disorders, weight concerns (non diet approach), HAES , family based treatment for AN, supervision for dietitians and therapists obtaining certification in EDs

Therapy and nutrition dual sessions also offered through A Collaborative Approach by a dietitian and therapist (Texas and Virginia)

Name: Susan Shapiro, PhD, MS, MS, RDN, FAND, CAMS-II

Phone: 310.659.7800

Email: drsushap@alumni.uchicago.edu

Website: <http://Therapists.PsychologyToday.com/rms/58071>

Time Zone: PST

Specific States Served: CA

Specific Countries Served: All, unless law prohibits

Areas of Practice Specialty: Eating Disorders, Addiction, Depression, Relationships

Name: Stacey B. Schulman MS, RDN, CEDRD-S, CDN

Phone: 914861-5045

Email: stacey@staceyschulmannutrition.com

Website: staceyschulmannutrition.com

Time Zone: eastern

Specific States Served: all

Specific Countries Served: all

Areas of Practice Specialty: nutrition counseling and therapy

Name: Wendy Sterling MS, RD, CSSD, CEDRD-S

Phone: 917-568-9695

Email: wendymsrd@yahoo.com

Website: www.sterlingnutrition.com

Time Zone: PST

Specific States Served: California, can see clients remotely by appointment

Specific Countries Served: USA

Areas of Practice Specialty: Eating disorders/disordered, FBT, children/adolescents, athletes, RED-S (relative deficiency in sport)/female athlete triad, amenorrhea/menstrual irregularities, non-diet approach, HAES

Name: Diane Summers, RDN, CEDRD-S, CD

Phone: 425-422-6782

Email: diane@hopenutritiontherapy.com

Website: www.hopenutritiontherapy.com

Time Zone: Pacific

Specific States Served: WA, OR, MT, IA, MN, ID, CO, AZ, CA, VA, MI, PA, NY, NJ, CT, MA, NC (other states taken on a case by case basis. List subject to change based on state laws, etc)

Specific Countries Served: ALL

Areas of Practice Specialty: full spectrum of eating disorders and concerns

T

Name: Tina Thompson, MS, RDN, LD, CEDRD-S

Phone: (859) 388-9152

Email: bnctina@gmail.com

Website: www.bluegrassnutrition.net

Time Zone: EST

Specific State Served: Kentucky

Specific Countries Served:

Areas of Practice Specialty: All forms of eating disorders, all ages

Name: Allison Topilow

Phone: 917.685.8791

Email: allison@eatandbewell.com

Website: www.eatandbewell.com

Time Zone: Eastern

Specific States Served: All

Specific Countries Served: US

Areas of Practice Specialty: ED, Intuitive Eating, Family Nutrition

Name: Courtney D. Toya, MS, RD

Phone: 562-480-8757

Email: courtneytoya.rd@gmail.com

Website: www.courtneydtoyard.com

Time Zone: PST

All areas served

Areas of practice speciality: eating disorders (ARFID, BED, AN, EN, OSFED), disordered eating, adolescents, adults, intuitive eating, mindful eating, health at every size

U

Name: Kristie Uniacke, MS, RD, CEDRD

Phone: 203-770-9947

Email: kuniacke627@gmail.com

Website: n/a

Time Zone: EST (however, I will be living remotely and traveling within North America so it will be changing)

Specific States Served: Any states that do not require specific RD state licensure. Actively licensed in NE & OH.

Specific Countries Served: USA ; Open to working internationally

Areas of Practice Specialty: All EDs (i.e. AN, BN, BED, ARFID, OSFED) ; Acceptance & Commitment Therapy integrated in Nutrition Therapy

V

Name: Leigh Van Dusen, MS, LDN (owner of Van Dusen Nutrition, which is a group practice of three LDN's)
Phone: 781-343-1592 (practice line); 646-369-2255 (personal work line)
Email: info@vandusennutrition.com
Website: www.vandusennutrition.com
Time Zone: EST
Specific States Served: All
Specific Countries Served: All
Areas of Practice Specialty: Nutrition Counseling (in person or via Telehealth); Therapeutic Meal Support, Therapeutic Movement Support, Metabolic Testing (in person)

Name: Kathee Varner, RD, LDN
Phone: 704-589-7307
Email: katheeverner.rd@gmail.com
Website: KatheeVarner.com
Time Zone: EST
Specific States Served: NC
Specific Countries Served:
Areas of Practice Specialty: EDs, weight preoccupation, chronic dieters, distorted relationship w/ body image & food

Name: Marcie Vaske
Phone: 952-641-5234
Email: Marcie@weightandwellness.com
Website: weightandwellness.com
Time Zone: CST
Specific States Served: all
Specific Countries Served: all
Areas of Practice Specialty: digestive, eating disorders, women's hormones

Name: Ashley Vazquez MS, RD, LDN, CEDRD
Phone: 774-277-9100
Email: ashleyvazquezrd@gmail.com
Website: www.ashleyvazquezrd.com
Time Zone: EST
Specific States Served: Licensed in MA, open to all states depending on licensure requirements
Specific Countries Served: USA
Areas of Practice Specialty: Eating Disorders/Disordered Eating, Adults and Adolescents

W

Name: Jessica Wegener RD, CSSD, LMNT
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